green hair-like = very thin filaments, as thick as hair; may branch

non-green hair-like = very thin filaments, as thick as hair; may branch

sheets = most of plant is sheet form, may have a small holdfast
green twig/leaf-like = thicker than a hair, may branch, typically maintains shape when removed from water

eelgrass

non-green twig/leaf-like = thicker than a hair, may branch, typically maintains shape when removed from water

“beneficial brown”